Antibiotic use in neonatal care: measuring cumulative exposure in point prevalence surveys identifies high infant-level antibiotic exposure

Panellist

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Introduction

Methods

- Infants on neonatal units may be repeatedly exposed to antibiotics
- Standard point prevalence surveys (PPS) cannot capture repeated treatment and may underestimate true antibiotic exposure
- Understanding patient-level antibiotic use throughout their stay is important to design and evaluate antibiotic stewardship interventions
- The NeoIPC colonisation feasibility assessment is part of the wider NeoIPC project
- 21 neonatal units in 7 European countries participated

Colonisation surveys (4 timepoints, see below) captured antibiotic use as follows:

- Ongoing at the time of each survey (PPS)
- From admission through each survey infant participated in (cumulative)
- Data were collected anonymously



Results



824 infants participated in at least one colonisation survey

569/824 (69%) received at least one course of antibiotics since admission to the neonatal unit



252/824 infants never received antibiotics

Gestational age 35 weeks (IQR: 33-38)

569/824 infants ever received antibiotics

Gestational age 33 weeks (IQR: 29-38)

Birthweight 2390 (IQR: 1720-3165)

Birthweight: 1990 (IQR:1105-3082)



<u>140 different</u> antibiotic regimens received \rightarrow median 3 courses per baby (IQR: 1-6 courses)



Ampicillin + Gentamicin: 466 courses

Penicillin G + Gentamicin: 190 courses

Meropenem + Vancomycin: 140 courses

Different patterns of use by gestational age and postnatal age





Postnatal age (days) at start of antibiotic

Conclusions

- 2/3 infants in high technology neo-natal units in Europe are exposed to antibiotics during their stay
- The most commonly used antibiotics in this setting are from the WHO AWaRe Access group
- However, Watch and Reserve group agent use is high among the most vulnerable preterm patients and tends to occur later on during inpatient stay
- PPS largely fail to capture repeated exposures and may misrepresent antibiotic exposure for long-stay preterm infants in quantity & quality
- These findings are likely relevant to repeatedly exposed populations (e.g. adults in long term care facilities) and settings with multimodal distributions of length of stay

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Learn more about the NeoIPC Project here!



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